

# FREE courses for over 19's in Flintshire

Course	Venue	Dates	Time
The Wood Shed – practical woodworking / upcycling sessions	Refurbs 1-3 Aber Park Industrial Estate, Flint CH6 5EX	Every Tuesday	10.00 – 15.00
I.T. Skills for Beginners 8 sessions total	Queensferry and / or Mold and /or Flint	Wednesday and Thursdays September 14, 15, 21, 22, 28, 29 October 5, 6 2022	10.00 – 14.00
I.T. Skills for Beginners 8 sessions total	Queensferry and / or Mold and /or Flint	Wednesday and Thursdays November 9, 10, 16, 17, 23, 24, 30 December 1 2022	10.00 – 14.00
Confidence Building Course 3 sessions total	Queensferry and / or Mold and /or Flint	Wednesday 21 <sup>st</sup> , Thursday 22 <sup>nd</sup> and Friday 23 <sup>rd</sup> September 2022	10.00 - 14.30
Confidence Building Course 3 sessions total	Queensferry and / or Mold and /or Flint	Wednesday 12 <sup>th</sup> , Thursday 13 <sup>th</sup> and Friday 14 <sup>th</sup> October 2022	10.00 - 14.30
Confidence Building Course 3 sessions total	Queensferry and / or Mold and /or Flint	Wednesday 16 <sup>th</sup> , Thursday 17 <sup>th</sup> and Friday 18 <sup>th</sup> November 2022	10.00 - 14.30
Employability Skills – CV's, interview skills & effective job search / job applications 3 sessions total	Queensferry and / or Mold and /or Flint	Wednesday 14 <sup>th</sup> , Thursday 15 <sup>th</sup> and Friday 16 <sup>th</sup> September 2022	9.30 to 2.30
Employability Skills – CV's, interview skills & effective job search / job applications 3 sessions total	Queensferry and / or Mold and /or Flint	Wednesday 23 <sup>rd</sup> , Thursday 24 <sup>th</sup> and Friday 25 <sup>th</sup> November 2022	9.30 to 2.30

Delivering embedded essential skills for learners in communities in Flintshire.

To book or for more information, please email  
[training@groundworknorthwales.org.uk](mailto:training@groundworknorthwales.org.uk) or phone 01978 757524

amserlen  
 2022 - 23  
 timetable

Am fwy o wybodaeth  
 For more information:

07584 335 409  
 e: [acl@wrexham.gov.uk](mailto:acl@wrexham.gov.uk)

 DCIO Gogledd Ddwyrain Cymru  
 North East Wales ACL  @northeastwalesACL



Gogledd Ddwyrain Cymru  
 Dysgu Cymunedol i Oedolion  
**Adult Community Learning**  
 North East Wales