

### First Aid at Work: 2 Day Course Requalification

RQF Level 3 Award (England, Northern Ireland and

Wales)

Qualification title: FAA Level 3 Award in First Aid at

Work (RQF) Code: 603/2081/3

**Unit 1 title:** Emergency First Aid in the Workplace

**Unit code:** Y/615/8504

Unit 2 title: Recognition and Management of illness and injury in the

workplace

This 2-day First Aid at Work course is designed for those who currently hold a First Aid at Work qualification and are due to expire. Please consider the following rules for attendance:

A First Aider can renew their FAW qualification by attending a 2-day requalification course without question, if it's within 1 month past the expiry date. If the First Aider has lapsed by more than 1 month, but no longer than 3 months, then the First Aider can requalify by attending a 2-day course providing 'Special considerations' have been applied.

The important thing to remember is that as soon as the certificate expires, the First Aider is no longer considered competent to act as a First Aider in the workplace which may well leave the employer with a shortfall of First Aiders. Therefore, it would be prudent to arrange their requalification before they expire.

#### **Duration**

A minimum of 12 hours spread over at least two days. Ideally, the course should be run over two consecutive days, but can be spread over a longer time period if you so desire, providing it is completed within 7 weeks of starting the course and the training sessions last for a minimum of two hours.

#### **Syllabus**

A range of subjects are covered including:

- Legalities, responsibilities and reporting
- Resuscitation and AED awareness
- Assessment of the situation
- Dealing with an unresponsive casualty
- Bandaging
- Shock (including Anaphylaxis)
- Fractures and spinal injuries
- Heart attacks
- Epilepsy
- Choking

- Asthma
- Control of bleeding
- Head injuries
- Eye injuries
- Poisoning
- Chest injuries
- Sprains and strains
- Stroke
- Burns
- Diabetes

**OGLEDD CYMRU** 



#### FIRST AID AT WORK: 2 DAY COURSE REQUALIFICATION

RQF Level 3 Award (England, Northern Ireland and Wales)



#### Certification

Successful qualification on this course is based on practical assessments conducted throughout the course and written test papers each day. A three year Level 3 Award in First Aid at Work will be issued to the learner, subject to successful assessment.

#### **Numbers**

A maximum of 12 students are allowed and must be a minimum of 14 years of age and a certificate can be offered to all, subject to assessment.

#### Location

We are able to deliver this course on your site, subject to a pre-course assessment of your premises, reducing your costs in respect of additional time out and travelling. We run regular open courses, please visit our website www.groundworknorthwales.org.uk/training for more information.

## FIRST AID AT WORK: 2 DAY COURSE REQUALIFICATION

RQF Level 3 Award (England, Northern Ireland and Wales)

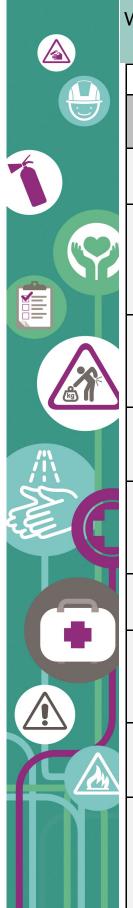


UNIT 1	EMERGENCY FIRST AID IN THE WORKPLACE
LEARNING OUTCOMES: The learner will:	ASSESSMENT CRITERIA: The learner can:
1. Understand the role and responsibilities of a First Aider	<ul> <li>1.1 Identify the role and responsibilities of a First Aider</li> <li>1.2 identify how to minimise the risk of infection to self and others</li> <li>1.3 Identify the need for consent to provide first aid</li> </ul>
2. Be able to assess an incident	<ul><li>2.1 Conduct a scene survey</li><li>2.2 Conduct a primary survey of a casualty</li><li>2.3 summon appropriate assistance when necessary</li></ul>
3. Be able to provide first aid to an unresponsive casualty	3.1 Identify when to administer cardiopulmonary resuscitation (CPR) 3.2 Demonstrate CPR using a manikin 3.3 Justify when to place a casualty into the recovery position 3.4 Demonstrate how to place a casualty into the recovery position 3.5 Identify how to administer first aid to a casualty who is experiencing a seizure
4. Be able to recognise and assist a casualty who is choking	4.1 Identify when choking is: mild or severe 4.2 Demonstrate how to administer first aid to a casualty who is choking
5. Be able to provide first aid to a casualty with external bleeding	5.1 Identify the severity of external bleeding 5.2 Demonstrate how to control external bleeding
6. Know how to provide first aid to a casualty who is in shock	6.1 Recognise a casualty who is suffering from shock 6.2 Identify how to administer first aid to a casualty who is suffering from shock
7. Know how to provide first aid to a casualty with minor injuries	<ul> <li>7.1 Identify how to administer first aid to a casualty with:</li> <li>small cuts</li> <li>grazes</li> <li>bruises</li> <li>small splinters</li> <li>7.2 Identify how to administer first aid to a casualty with minor burns and scalds</li> </ul>

# FIRST AID AT WORK: 2 DAY COURSE REQUALIFICATION

RQF Level 3 Award (England, Northern Ireland and Wales)





·	GOGLEDD CYMRU NORTH WALES	
UNIT 2 RECOGNITION AND MANAGEMENT OF ILLNESS AND INJURY IN THE WORKPLACE		
LEARNING OUTCOMES	ASSESSMENT CRITERIA	
The learner will:	The learner can:	
Be able to conduct a secondary survey	<ul><li>1.1 Identify the information to be collected when gathering casualty history</li><li>1.2 Demonstrate how to conduct a head to toe survey</li></ul>	
2. Be able to provide first aid to a casualty with suspected injuries to bones, muscles and joints	<ul> <li>2.1 Recognise suspected:     Fractures, Dislocations, Sprains and strains</li> <li>2.2 Identify how to administer first aid for:     Fractures, Dislocations, Sprains and strains</li> <li>2.3 Demonstrate how to apply:     A support sling, and elevated sling</li> </ul>	
3. Be able to provide first aid to a casualty with suspected head and spinal injuries	3.1 Recognise suspected: Head Injury, Spinal injury 3.2 Identify how to administer first aid for a suspected head injury 3.3 Identify how to administer first aid for a suspected spinal injury	
4. Know how to provide first aid to a casualty with suspected chest injuries	<ul> <li>4.1 Recognise a suspected:     Flail chest, penetrating chest injury</li> <li>4.2 Identify how to administer first aid for a:     Flail chest, penetrating chest injury</li> </ul>	
5. Know how to provide first aid to a casualty with burns and scalds	<ul> <li>5.1 Identify the factors that affect the severity of burns and scalds</li> <li>5.2 Identify how to administer first aid for burns involving:</li> <li>Dry heat</li> <li>Electricity</li> <li>Chemicals</li> </ul>	
6. Know how to provide first aid to a casualty with an eye injury	<ul> <li>6.1 Identify how to administer first aid for eye injuries involving:</li> <li>Dust</li> <li>◆ Chemicals</li> <li>◆ Embedded objects</li> </ul>	
7. Know how to provide first aid to a casualty with sudden poisoning	7.1 Identify the routes that poisons can take to enter the body 7.2 Identify how to administer immediate first aid to a casualty affected by sudden poisoning 7.3 Identify sources of information for treating those affected by	
	sudden poisoning	
8. Know how to provide first aid to a casualty with anaphylaxis	<ul><li>8.1 Identify common triggers for anaphylaxis</li><li>8.2 Recognise suspected anaphylaxis</li><li>8.3 Identify how to administer first aid for a casualty suffering from anaphylaxis</li></ul>	
9. Know how to provide first aid to a casualty with suspected major illness	<ul> <li>9.1 Recognise suspected:</li> <li>Heart attack</li> <li>Stroke</li> <li>Epileptic seizure</li> <li>Asthma</li> <li>Diabetic emergency</li> </ul>	
	<ul> <li>9.2 Identify how to administer first aid to a casualty suffering from:</li> <li>Heart attack</li> <li>Epileptic seizure</li> <li>Asthma</li> <li>Diabetic emergency</li> </ul>	