

## QA Level 3 Award in Forestry First Aid +F (RQF)

This short, yet informative course provides learners with the knowledge and practical competencies needed for the treatment of injuries and diseases that could occur whilst working in a forestry/agricultural specific environment. Topics covered are: extreme hot and cold temperatures, managing catastrophic bleeding, crush injuries and Lyme disease.

This qualification is intended to be delivered in conjunction with a regulated first aid qualification (minimum of 1 day) and will confirm the Learner's abilities to meet a 'licence to practice' as determined by the Health and Safety (First Aid) Regulations 1981 and the recommendations in the First Aid at Work – Forestry Commission Policy.

### Duration

This qualification comprises 1 mandatory unit over 2 hours learning. Learners must hold or be working towards either a regulated first aid qualification (minimum 1 day course prior to certification).

This short qualification can be combined with an Emergency First Aid at Work or First Aid at Work course, as required.

### Numbers

A maximum of 12 learners can be accommodated on this course.

### Location

We are able to deliver this course on your site, subject to a pre-course assessment of your premises, reducing your costs in respect of additional time out and travelling. We run regular open courses, please visit our website [www.groundworknorthwales.org.uk/training](http://www.groundworknorthwales.org.uk/training) for more information.

### Certification

Assessment is conducted through practical assessments, informal ongoing assessment and a multiple choice question paper.

The qualification is valid for 3 years' upon completion.

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<b>Title:</b>	Forestry First Aid +F
<b>GLH:</b>	2
<b>Learning outcomes</b> The Learner will:	<b>Assessment criteria</b> The Learner can:
1. Know how to manage a casualty who is experiencing the effects of extreme cold and extreme heat	<b>1.1</b> Recognise the effects of: <ul style="list-style-type: none"> <li>• extreme cold</li> <li>• extreme heat</li> </ul> <b>1.2</b> State how to treat the effects of: <ul style="list-style-type: none"> <li>• extreme cold</li> <li>• extreme heat</li> </ul>
2. Be able to manage catastrophic bleeding	<b>2.1</b> Recognise catastrophic bleeding <b>2.2</b> Demonstrate how to treat catastrophic bleeding using: <ul style="list-style-type: none"> <li>• direct pressure</li> <li>• a tourniquet</li> <li>• haemostatic agents</li> </ul>
3. Know how to manage a casualty with crush injuries	<b>3.1</b> Describe the effects of a crush injury <b>3.2</b> Recognise critical time factors associated with crush injury <b>3.3</b> State how to manage a crush injury
4. Know how to manage a casualty with Lyme disease	<b>4.1</b> Recognise the signs and symptoms of with Lyme disease <b>4.2</b> State how to treat Lyme disease
<b>Other information</b> <b>Haemostatic agents may include:</b> <ul style="list-style-type: none"> <li>• Gauze</li> <li>• Bandage</li> <li>• Crystals</li> <li>• injector</li> </ul> <p>This list is not exhaustive</p>	