

QA Level 2 Award in Safe Moving and Handling

The QA Level 2 Award in Safe Moving and Handling (QCF) is a regulated and nationally recognised qualification designed for those who work, or intend to work, in a role that involves manual handling. It is ideal for those working in a variety of environments including warehouses and shops.

Course Overview

The law states that employers have a legal responsibility to provide adequate training for those who perform manual handling tasks in their day to day role. However, with incorrect manual handling causing over a third of workplace injuries, adequate training is not only a legal requirement, it is incredibly important for the safety of all staff.

During this 1 day course, learners will learn the key principles of manual handling and how to apply these to their workplace. They will also practise a wide range of techniques, ensuring that they leave the course confident and proficient in moving and handling.

The QA Level 2 Award in Principles of COSHH (RQF) is ideal for all employees, and specifically those who wish to work in an environment with hazardous substances, such as: healthcare, manufacturing, cleaning, transport, utilities and office environments.

Syllabus

The objective of the qualification is to benefit Learners by developing their understanding of:

- the reasons for safe manual handling.
- how manual handling risk assessments contribute to improving health and safety
- the principles, types of equipment and testing requirements associated with manual handling safety
- how to apply safe manual handling principles

Duration: 1 day course

Certification

A theory assessment is undertaken by the learner, in the form of a multiple choice question paper. There are 3 practical assessments for this qualification, observed by the trainer throughout the course.

Numbers

A maximum of 12 learners.

Manual Handling Safety at Work	
Unit Ref:	D/602/4593
GLH:	10
Level:	2
Credit value:	2
Learning outcomes The Learner will:	Assessment criteria The Learner can:
1. Understand the reason for safety manual handling	<p>1.1 Outline the potential injuries and ill health associated with incorrect manual handling</p> <p>1.2 Outline employer’s and employee’s duties relating to manual handling at work</p> <p>1.3 Outline the consequences for non-compliance with health and safety requirements at work</p>
2. Understand how manual handling risk assessments contribute to improving health and safety	<p>2.1 Explain the terms ‘hazard’ and ‘risk’ in the context of manual handling work</p> <p>2.2 Outline the process for carrying out a manual handling risk assessment contribute to improving health and safety</p> <p>2.3 Describe the principle of the risk control hierarchy when applied to manual handling</p>
3. Understand the principles, types of equipment and testing requirements associated with manual handling safety	<p>3.1 Describe safe movement principles associated with manual handling</p> <p>3.2 Outline the types of equipment designed to be used for manual handling tasks testing requirements associated with manual</p> <p>3.3 Outline the requirements for the testing, servicing and examination of manual handling and handling safety lifting equipment</p>
4. Be able to apply safe manual handling principles	<p>4.1 Demonstrate efficient and safe manual handling principles when;</p> <p>a. applying effort to, or moving a load or object manually on their own</p> <p>b. when using manual handling aids and equipment</p> <p>c. when undertaking a manual handling task as part of a team</p>

